

## Essential Questions

*\* Ideas that may be usable in ALTs*

Open-Ended		BRIDGE	ESSENTIAL QUESTION(S)
Concept Based		(IDEA)	(IDEA)
#1	<b>INTRO</b> Course Rqmts - Responsibilities		* Considering the terms "serious fun" and "within your limits", what do you want this course to teach you? * In what way does a "personal responsibility" theme promote and support course completion and safe(r) riding?
#2	<b>Motorcycle Types</b>	* To reduce frustration and reduce your risk, let's explore some different characteristics of motorcycling: - Type/Style (Street, Sport, Track, Touring, Dual Purpose, Adventure, etc.) - Ride (Commuting, Touring, Trials, Track, Scenic, Club, etc.) - Rider (Competition, Fair-Weather, Commuter, etc.)	Of all motorcycle designs, how will you determine the fit, style, and size that 'best' supports a safe(r), comfortable, and appropriate ride to match your interests/needs?
#3	<b>Controls - Equipment</b>	Now that we have discovered different types of motorcycles, let's discuss some of the important controls and equipment, that will help be able to control your cycle.	As we identify some important controls and equipment, consider "WHAT" it does, "WHERE" it is, and "HOW" you use it. Answer this, "What does a (new)rider need to know about these controls?"
#4	<b>Basic Operation</b> S/S - Friction - Posture - Turning - Stopping - Shifting	Awareness of bike types and controls is the first step to understanding how to operate. Together we'll now investigate basic riding skills: how to make our cycle go, stop, turn, and shift.	* Answer this, (W)hat (D)oes (A) (N)ew (R)ider (N)eed (T)o (K)now... about Start-up/Shut-down, Friction Zone, Posture, Stopping, Shifting and Turning. * In what way can you use Posture, Press-To-Lean, and Using-Both-Brakes to enable a safer ride?
#5	<b>Four Preps to Ride</b> Fit - Inspection - Gear - Attitude	Knowing your bike, and your controls, are very important. Even more so are the Four Preps that could save your life... - Fit - Pre-Ride Check - Gear - Attitude Let's discover how these relate to a safe(r) ride.	* Considering the Four Preps, how will you balance 'choice' vs. 'consequence' to reduce risk and enhance your "seriously fun" and enjoyable ride? * Of the most important of the Four Preps, what are some safe(r) concepts that you will apply to reduce risk for yourself and others?
#6	<b>RISK</b> Awareness - Acceptance - Mgmt	Now that we are aware of what's important to prepare prior to riding, let's have a discussion how we can become aware of the risks of motorcycling, accept these risks, and manage them. How can "Risk Offset", in relation to awareness, skill, time & space, and attitude enable a rider to be a safe(r)?	* Finish this statement, "When riding, I must be aware of the risks, decide on the level of risk I'm willing to accept, and manage my Risk Offset, by..." * Validate this, "As a rider, it is my responsibility to be aware of, accept, and manage the risks of riding through proper skills, habits, and values."

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#7	<b>Basic Street Strategies</b> Positioning - Visibility - Strategy Escape Paths: SEE & BE SEEN	Last session was about "preparing" for a ride -ourselves and our cycles. This session explores how to minimize our risk(s) with strategic responses and controlled maneuvers. Obviously it is very important to SEE and BE SEEN. It is also necessary to use an "Active Strategy" and always have an "Escape Path".	* To SEE and BE SEEN, how can you apply (a) Positioning, and (b) an Active Strategy to reduce risk and enhance your "seriously fun" and enjoyable ride? * When riding, in what way will you use an Active Strategy to determine the best Positioning, Following Distance, and Escape Path?
#8	<b>Strategies</b> Following & Stopping distances - Curves - Strategy	To SEE and BE SEEN helps us assess risks and hazards. Some risks are more common than others. So, let's explore some of these. Most critical of these is "cornering". Sadly, riders to often don't SEE appropriately and ride too fast or too wide in a curve - hitting a solid object. Let's learn how to manage curves for a seriously fun ride!	* In what way can you manage your Presentation, 360° Awareness, and to minimize your risk while allowing for safe/responsible riding? * Prior to a curve, how would you appropriately assess to determine the safe(r) speed and position at the curve entry, apex, and exit?
#9	<b>Basics for Emergencies</b> Quick Stops - Swerves - Skids The Brake/Swerve decision.	Applying our SEE strategy, we allow ourselves more time and distance to respond (earlier) vs. react (last moment.) In an emergency, we can change speed or direction. It all comes down to "The brake or serve decision." Let's discuss "why" and "how".	* When responding to an emergency situation, how do you (i) decide to "quick stop" or "swerve", and (ii) execute in order maximize you safety? * To execute crash-avoidance maneuvers (such as a "quick stop" or "swerve"), what choice(s) do you have -and what are the consequences of your choice(s)?
#10	<b>Special Riding Situations</b> Surfaces - Cargo - Maintenance W-D-A-N-R-N-T-K	A seriously fun ride can quickly be compromised when trying to react to an unusual situation. As we have seen, an active SEE strategy can help us minimize danger. As a group, let's identify these "special situations", risks they pose, and how we -as riders- can deal with them.	* As WA has varying Micro Climates and Road Surfaces, in what way can your active S.E.E. strategy help you identify and control the effects of these? * In regards to Special Riding Situations, what strategy could you use to reduce risk and enhance your "seriously fun" and enjoyable ride?
#11	<b>Impairments</b> Alcohol - Other drugs Distraction-Fatigue-Age	Everything learned and practiced in this class (hazard avoidance awareness, controlled maneuvering, and strategic judgment, will all be negated when impaired. To help you recognize some common impairments, let's discuss distractions such as music, navigation, fatigue and alcohol/drugs.	As a rider, how can you recognize and manage impairment affects such as drugs, distraction (navigation/music/fatigue), over-emotional states, etc.
#12	<b>Select Topics</b> Licensing - Gear - Insurance Laws/Requirements		Considering helmets, eye protection, insurance, and course completion card expiration - what is important to recognize in relation to state law and regulation?