

Tear-drop reversals can assist student development of clutch and throttle coordination, posture and head-turns, lean angle comfort, and overall cycle control.

Reversals should always be safe, effective, and efficient. Instructors must be observant and able to react appropriately. (Be aware, some students may not go where instructed.)

As an Instructor, your goals should be:

- to change student path of travel
- to enhance student learning of a safe(r) street skill via a turn-from-a-stop.

C1 / C2 may need to adjust positions (not listed on the range cards) to initiate and/or control reversals. Clear communication between instructors is essential to maintain student safety.

Riders should be instructed to be aware of and maintain an adequate safety margin.

Riders should be encouraged to take ownership of their own control and safety.

Tear-drop reversals are typically completed by:

- Stopping riders.
- Communicating to the lead rider where to go; sending (the lead) rider(s) to reverse.
- Instructor(s) moving to next position/start point.
  - Ex. #5, 7, 8, and 12, students follow-the-leader.
  - Ex. #13 each rider should perform a stop, then turn-from-a-stop to reverse for Pt. #2.

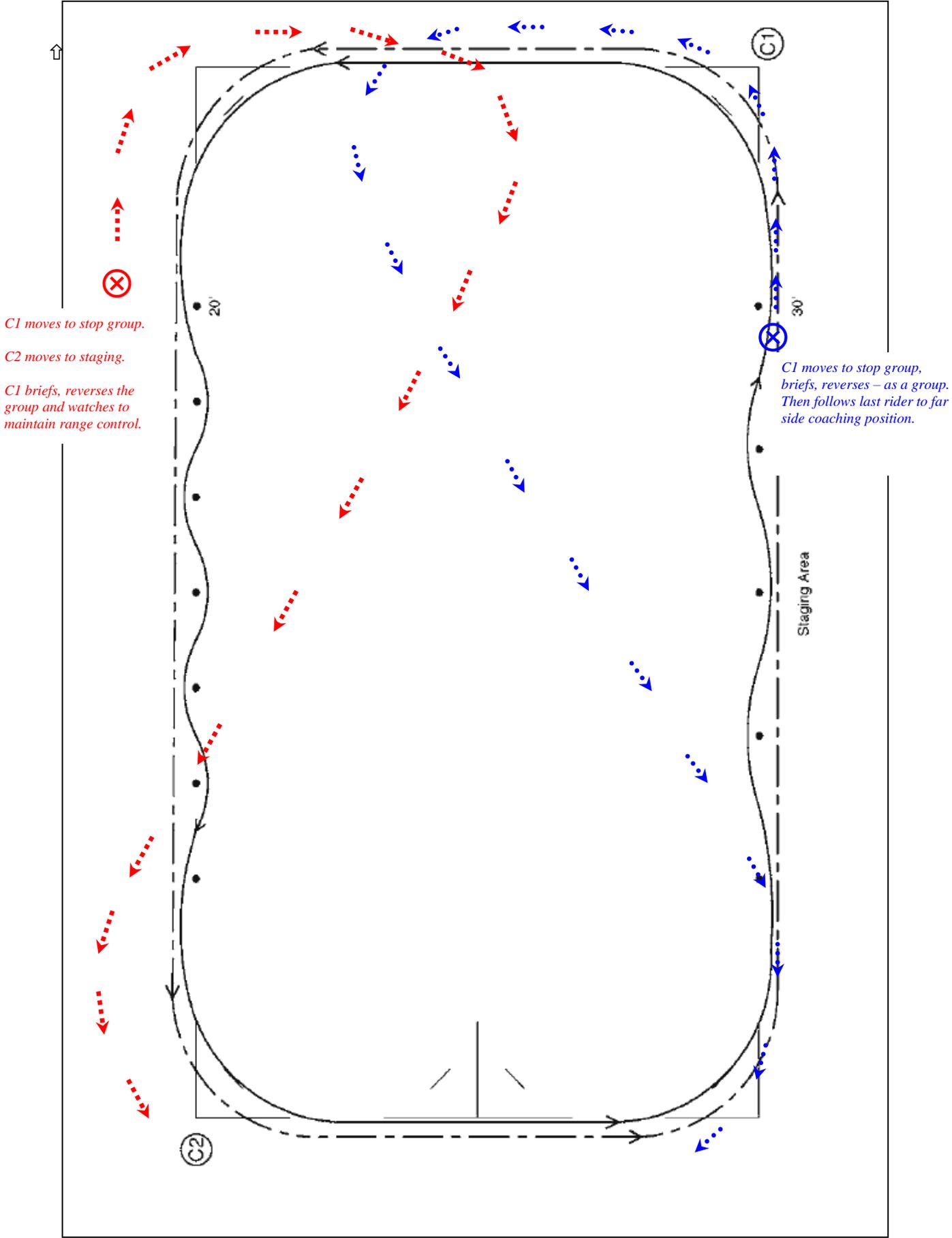
After part one of Ex. #13, C1 stops each rider at the start point. One at a time, release the rider to the new position point. Coach:

- “look left”
- “handle bars left”
- “lean left”
- “then step-step-ride”

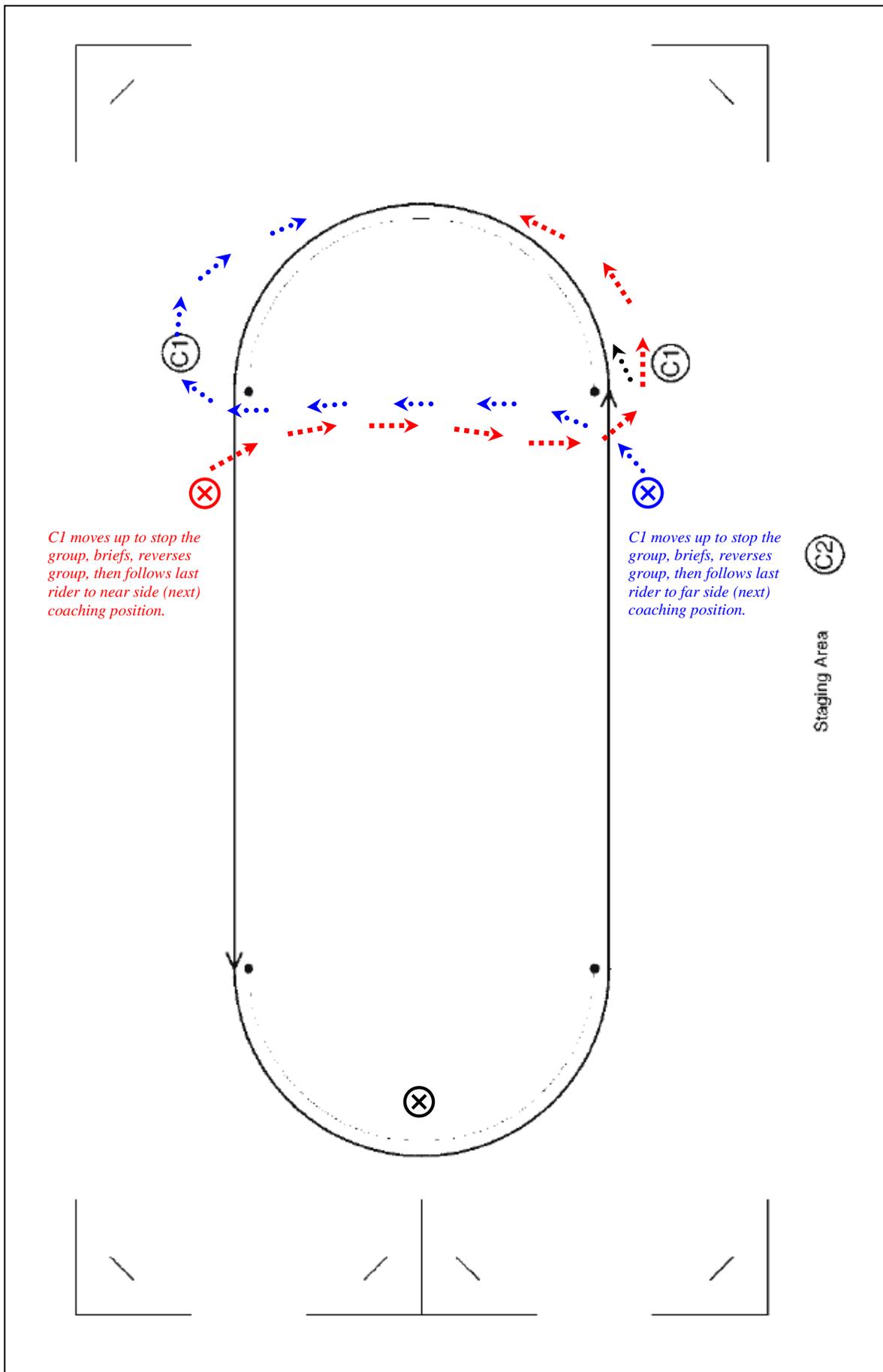
*This is the only reversal that riders do not “follow-the-leader”.*

Note: Instructors must be watchful and ready to adjust rider speed (up or down) to prevent potential student conflict.

Ex. # 5



Ex. # 7

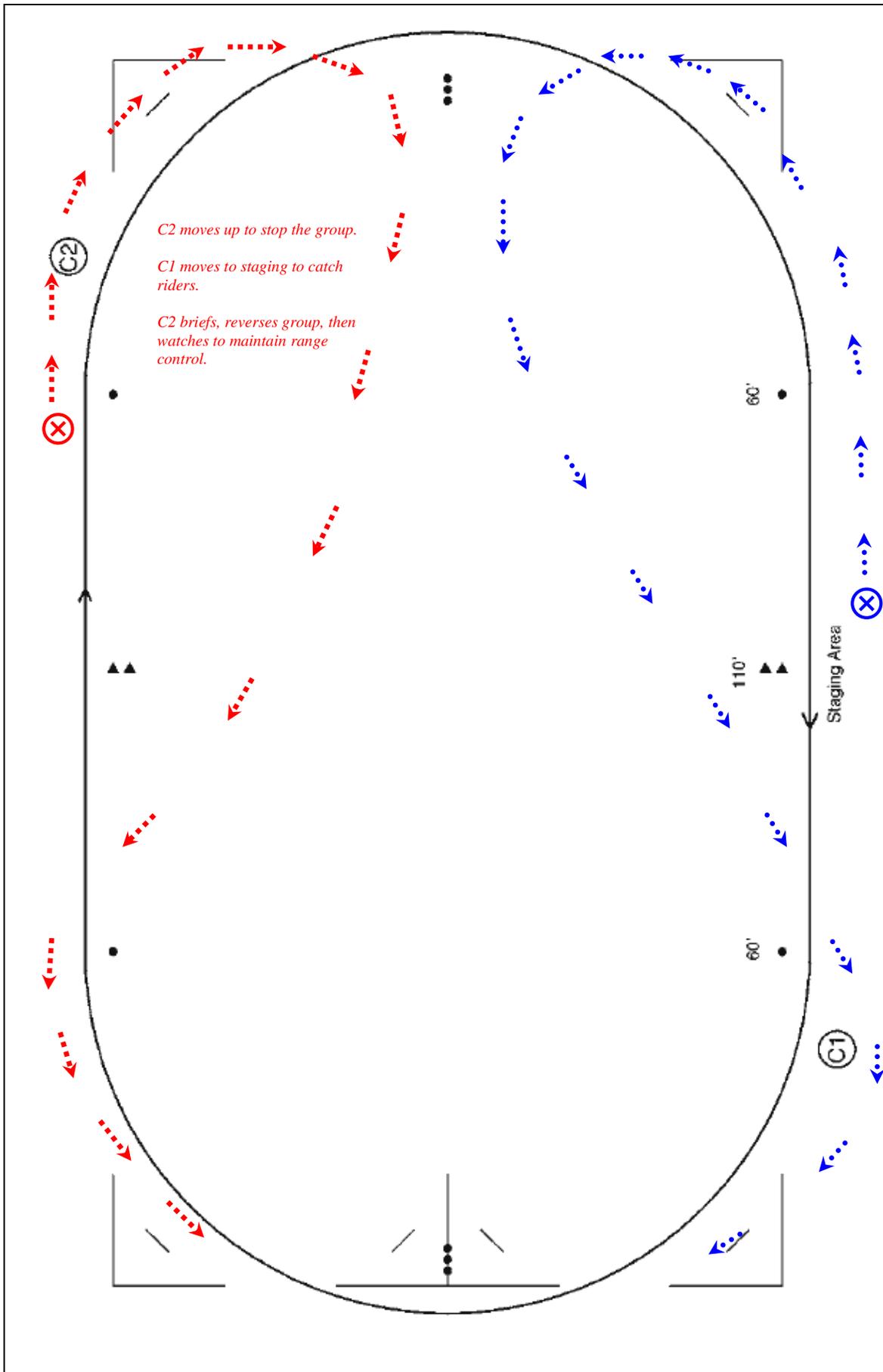


*C1 moves up to stop the group, briefs, reverses group, then follows last rider to near side (next) coaching position.*

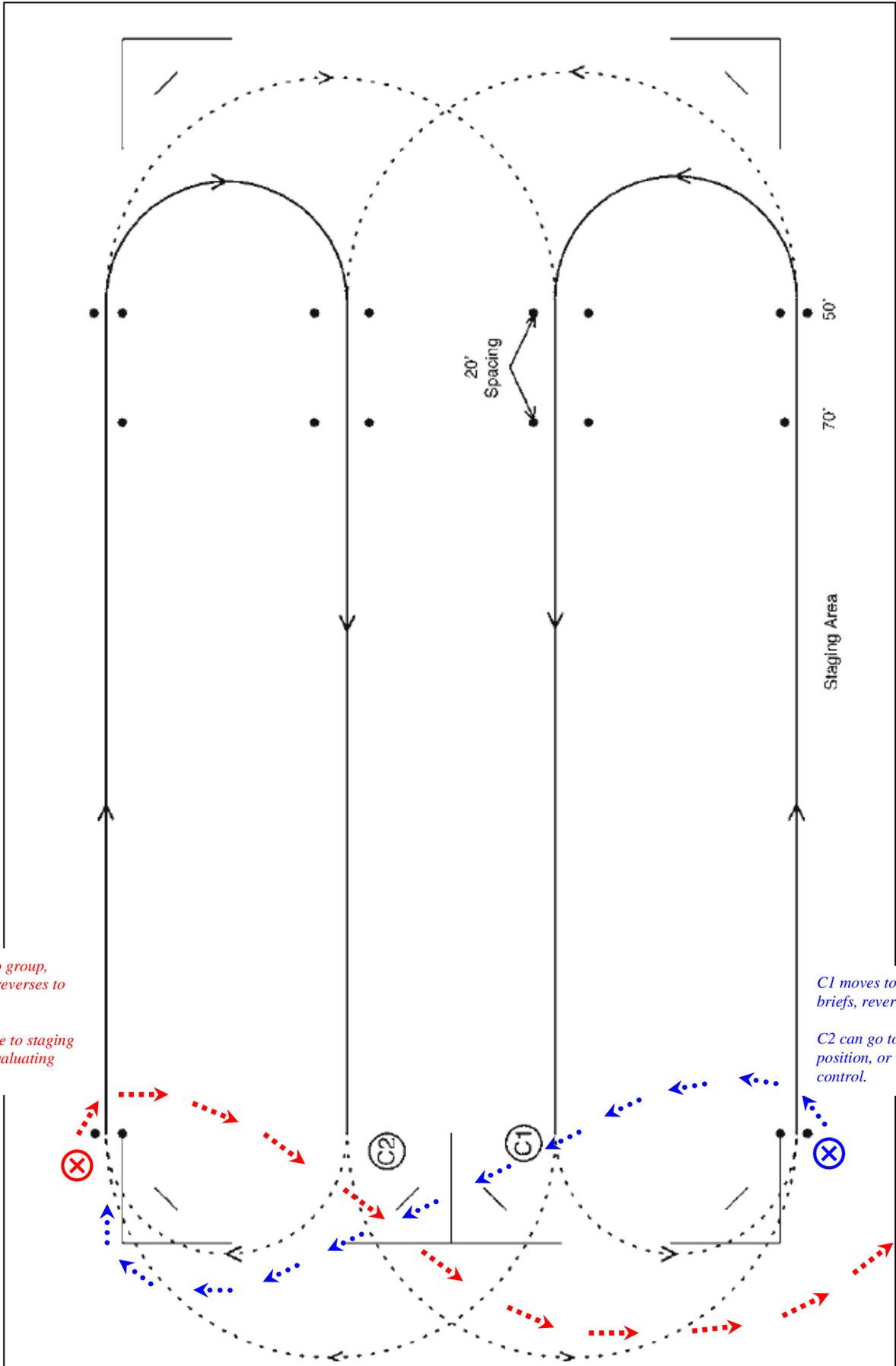
*C1 moves up to stop the group, briefs, reverses group, then follows last rider to far side (next) coaching position.*

Staging Area C2

Ex. # 8



**Ex. # 12**



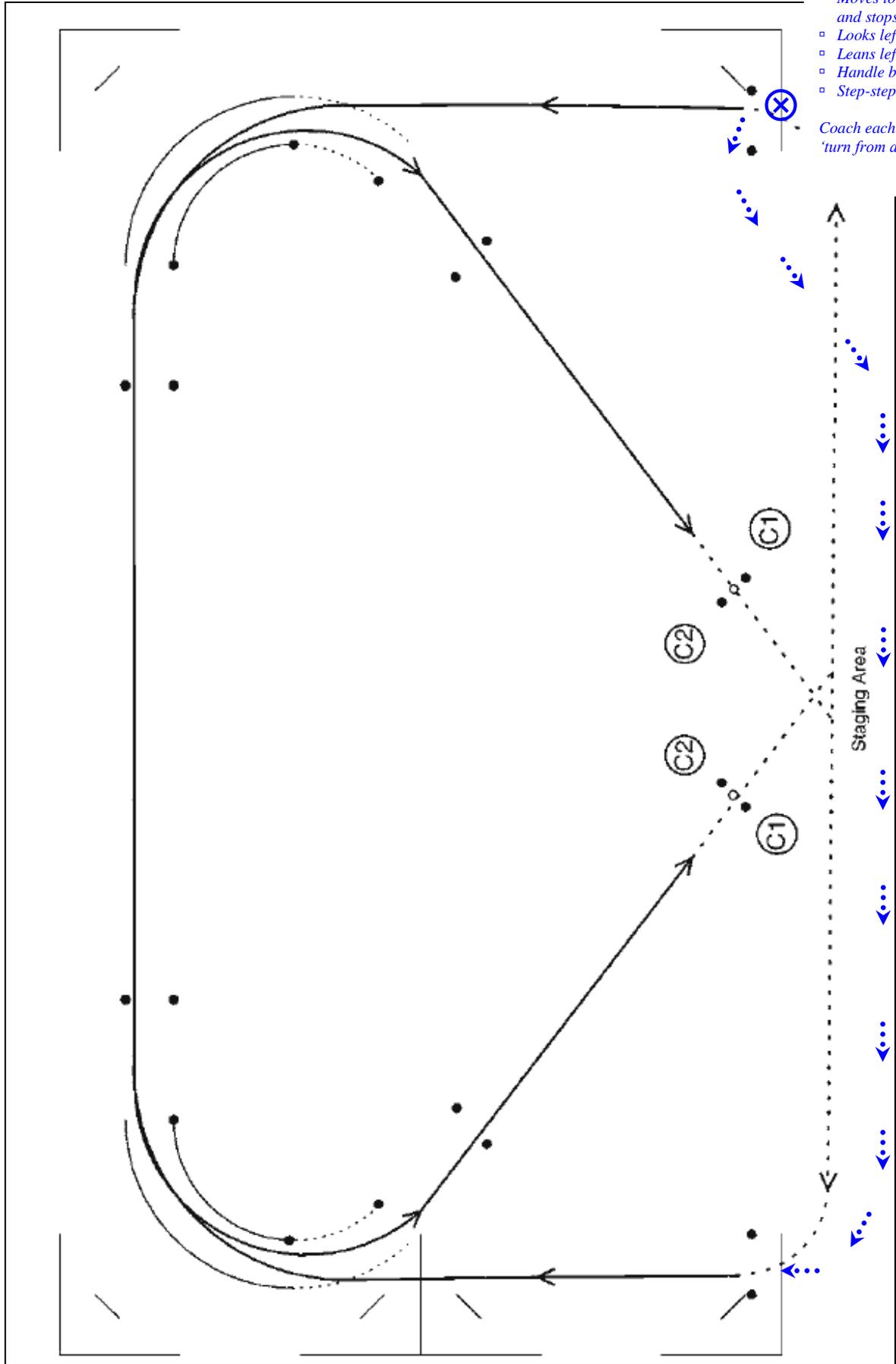
*C2 moves to group, briefs, and reverses to staging.*

*C1 can move to staging or watch, evaluating riders.*

*C1 moves to group, briefs, reverses group.*

*C2 can go to starting position, or watch for control.*

Ex. # 13



- Move to group and brief.  
Each rider
- Moves to start point and stops
  - Looks left
  - Leans left
  - Handle bars left
  - Step-step rides

Coach each rider as they 'turn from a stop'